



# NEWSLETTER

## UPCOMING EVENTS

- Gulf Coast, Energy Corridor and North Monthly Meetings – first, second and third Thursdays of the month

## Long Work Hours, Extended or Irregular Shifts, and Worker Fatigue

### Guidance and Tips for Employers

Workplaces can have many stressors. Issues in the workplace can exacerbate the risk of experiencing mental health challenges. Combined, these stressors can make it more difficult for workers to get their tasks done, threaten their productivity, happiness, and well-being, and lead to burnout. Because of the many potential stressors employees may be experiencing, a comprehensive approach is needed to address stressors throughout the community, and employers can be part of the solution. The goal is to find ways to alleviate or remove stressors in the workplace to the greatest extent possible, build coping and resiliency supports, and ensure that people who need help know where to turn. Reducing workplace stress benefits everyone across an organization. It can improve morale and lead to increased productivity and better focus, fewer workplace injuries, fewer sick days, and improved physical health (e.g., lower blood pressure, stronger immune system). All these factors can also reduce turnover among an employer's workforce.

Find more information on <https://www.osha.gov/workplace-stress/employer-guidance>



## 2024 Leadership Conference in Denver

The new in-person Leadership Conference will be held Tuesday, Aug. 6, in Denver, CO, in conjunction with

Safety 2024 Conference and Exposition, which runs Aug. 7–9.

Leadership Conference attendees will also be invited to attend the Leaders and Honorees Celebration on Aug. 6.

If attending both the Leadership Conference and Safety 2024, please plan to arrive on Monday, Aug. 5, and be sure to book hotel accommodations for your entire length of stay. Registration for Safety 2024 and hotels will open on 01/17/2023.

# Resolution

**1.**

**ATTEND MORE ASSP MEETINGS**

**2.**

**FILE OSHA LOGS ONTIME**

**3.**

**ATTEND ASSP MEETINGS**

**4.**

**ATTEND OUR NEXT LEADERSHIP CONFERENCE  
WEBINAR**

**NETWORKING & EDUCATION | THURSDAY, JAN. 25 | 10 A.M. CT**

**5.**

**ATTEND MORE ASSP MEETINGS**

**The U.S. Department of Labor announced in July 2023 a final rule that will require certain employers in designated high-hazard industries to submit injury and illness information electronically - that they are already required to keep - to the department's Occupational Safety and Health Administration.**

***The final rule takes effect on Jan. 1, 2024, and now includes the following submission requirements:***

Establishments with 100 or more employees in certain high-hazard industries must electronically submit information from their Form 300-Log of Work-Related Injuries and Illnesses and Form 301-Injury and Illness Incident Report to OSHA once a year. These submissions are in addition to the submission of Form 300A-Summary of Work-Related Injuries and Illnesses.

To improve data quality, establishments must include their legal company name when making electronic submissions to OSHA from their injury and illness records.

OSHA will publish some of the data collected on its website to allow employers, employees, potential employees, employee representatives, current and potential customers, researchers and the general public to use information about a company's workplace safety and health record to make informed decisions. OSHA believes that providing public access to the data will ultimately reduce occupational injuries and illnesses.

IF YOU WOULD LIKE TO CONTRIBUTE TO THE NEWSLETTER  
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## **Department of Labor seeks to expand, establish protections for today's emergency response workers**

The U.S. DOL plans to update and expand safety and health protections for emergency responders, including firefighters, EMS providers, and search and rescue workers. The proposed rule, set to be published in January 2024, aims to modernize the existing "Fire Brigades" standard, which was first established in 1980 and has become outdated. The new "Emergency Response" standard will address the full range of hazards faced by today's emergency responders and bring safety and health protections in line with national consensus standards. The proposal includes improvements in protective clothing and equipment and requires medical screening and surveillance for responders exposed to fire and explosion byproducts.

You can find more information on the NEWS RELEASE on the link below.  
<https://www.osha.gov/news/newsreleases/national/12212023>.

## **NOMINATIONS OPEN FOR THE CULBERTSON OUTSTANDING VOLUNTEER SERVICE AWARD**

**OUR PRESTIGIOUS AWARD RECOGNIZES VOLUNTEER  
CONTRIBUTIONS AT THE SOCIETY LEVEL. MEMBERS  
CAN NOMINATE THEMSELVES OR ANOTHER QUALIFIED  
MEMBER.**

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# Department of Labor on MSHA

The US Department of Labor has announced a final rule to protect miners from accidents, injuries, and fatalities related to surface mobile equipment.

The rule requires mine operators to have written safety programs that include input from miners and identify hazards and risks. Powered haulage equipment and machinery have been the leading causes of serious and fatal mine accidents in recent years. The rule aligns with the Mine Safety and Health Administration's efforts to improve safety in equipment use. The Assistant Secretary for Mine Safety and Health has urged the mining community to prioritize training and eliminate hazards. The Department of Labor has also implemented other initiatives to combat mining accidents and fatalities.

## **ASSP FOUNDATION SCHOLARSHIP DEADLINE APPROACHING....**

**THE DEADLINE TO APPLY FOR ASSP FOUNDATION ACADEMIC  
SCHOLARSHIPS IS FEB. 15.**

**CANDIDATES NEED ONLY SUBMIT ONE APPLICATION TO BE  
CONSIDERED FOR MORE THAN 100 SCHOLARSHIPS.**

**BE SURE TO SHARE THE DEADLINE !!!**

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